



Item #: SS102

Lamb Weston Seasoned™ Seashore-Style™ Flats Skin-On

Brand: Lamb Weston Seasoned™
Cut Size: Thin Cut Steak
Package Size: 6/5#

Lamb Weston Seasoned™ fries are sure to delight with a seasoned batter that keeps fries crispy and craveable - perfect for dine in, drive-through, and takeout. Enjoy this distinctive cut that provides a crispy crunch and seasoned with sea salt, cracked black pepper, and garlic.

OPERATOR BENEFITS



Seasoned batter that keeps fries crispy and craveable for up to 30 minutes - perfect for dine in, drive-through, and takeout.



Stays crispy up to 30 minutes.



Thick cuts are sturdier and are less prone to breaking than thinner fries.

Study conducted without packaging.

NUTRITION AND COOKING METHODS

Serving size: 3 oz (84g/about 12 pieces)
Servings per container: About 160
Calories [per serving]: 150

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	9.0g	12%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	310.0mg	13%
Total Carbohydrate	17.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	1.0g	
Vitamin D	0.0mcg	0%
Calcium	12.0mg	0%
Iron	0.48mg	2%
Potassium	280.0mg	4%

Ingredients: Potatoes, Modified Potato Starch, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Rice Flour, Dextrin, Corn Starch, Sea Salt, Cane Sugar, Spice, Garlic Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Natural Flavor, Onion Powder, Xanthan Gum, Oleoresin Paprika.

Grade: A

Kosher: No

Halal: No

Cooking Method	Time	Temperature	Additional Instructions
			FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS ON THE PACKAGE. KEEP FROZEN – DO NOT THAW. For food safety, read and follow the cooking instructions as product must reach a minimum of 165F (74C) internal temperature as measured by a food thermometer in several spots.
Deep Fry	2 1/ - 3 minutes	345-350F (174-177C)	Amount: 1 1/2 LB (680g). Deep fry from frozen state. Fill basket 1/2 full.
Conventional Oven	25 - 30 minutes	400F (205C)	Amount: 1 1/2 LB (680g). Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.
Convection Oven	13 - 15 minutes	400F (205C)	Amount: 1 1/2 LB (680g). Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.

SHIPPING AND STORAGE

Shipping Information

Item Number	SS102
GTIN	10044979221452
Net Weight	30.0 lb
Gross Weight	32.0 lb
Count Per Pound	N/A
Case Cube	1.4
Ti/Hi	9,7
Country of Origin	US
Shelf Life	720 days

Handling Instructions

Handle with care, do not drop! Ship frozen - Perishable. Keep frozen at 0°F (-18°C).